

keep your eyes fit.

Eye service protocol

tear
stim

Eye service protocol to improve vision comfort

Before the session

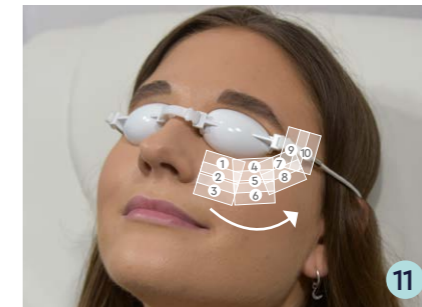
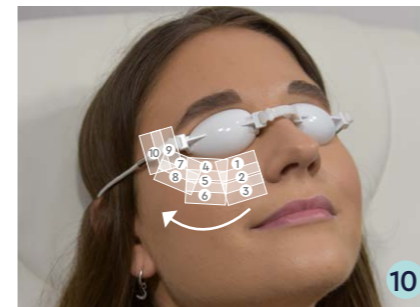
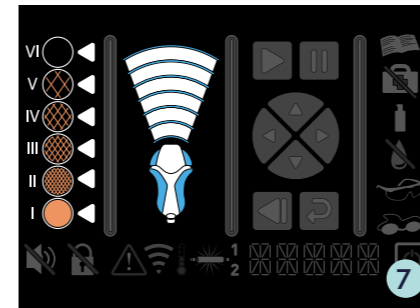
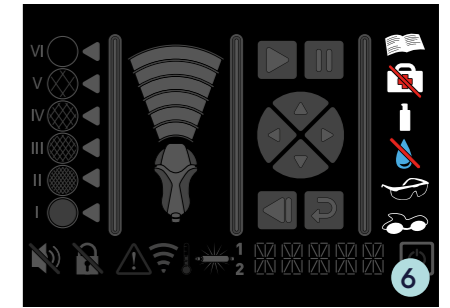
- Explain the procedure of the session.
- Check whether the client is suitable for the pulsed light procedure. Compatibility criteria are listed in the **tearstim** Manual on page 10.
- Ask the client to carefully read and fill out the «Eye fitness test» **1**.
- Ask the client to complete and sign the informed consent form **2**.
- Ask the client to come to the session without any cosmetic product on the skin.

During the session

- Make sure the client is suitable for the pulsed light procedure (in particular no current undergoing of a photosensitising procedure).
- Make sure there are no cosmetic products on the skin. If necessary remove them with a fragrance-free micellar lotion **3**.
- Hide any moles and skin lesions with patches.
- Put the **eye mask** protective shells on your client and check the correct positioning **4**.
- Apply a generous quantity of **gel** (minimum 1cm thick) on the lower eyelid (cutaneous flank) and carefully pay attention that it does not enter the **eye mask** **5**.
- Unlock the safety buttons **6**.
- Adjust the energy level according to the skin type sheet **7**.
- Put on your protective glasses mask **8**.
- Apply 10 flashes to the left cheek bone **9**, starting from the inner canthus of the eye and ending on the temporal region **10**.
- Repeat on the right cheek bone **11**.
- Switch off the machine at the end of the session.
- Remove the **gel** **12**.

After the session

- Inform the client that some redness might appear on the flashed areas.
- Tell the client not to have any photosensitising procedures on the flashed areas during the entire cycle of sessions.
- Schedule the second session for two weeks later (Day 0 + 15) and the third session again four weeks later (Day 0 + 45). If required, a fourth session is recommended four weeks after the third session (Day 0 + 75).
- Advise the client to use sunscreen on the flashed areas when exposed to UV light.



tear stim

For more information
www.keepyoureyesfit.com

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